



Susquehanna Trail Dog Training Club

January 2023



Old Friends

by Connie Cuff

As we begin a New Year, we think about ourselves making New Year resolutions, did you ever think about the enrichment of your dog?

Canine enrichment is in the eye of the beholder and not all dogs are the same. Since during the pandemic we spent more time observing our dog with habits that may be annoying to us but may lead to effective enrichment activities - and a much happier dog.

If your dog is a puller with his nose to the ground he could have an unmet need for scenting. You can use a long lead and letting him sniff on a walk, setting up places for the dog to find in your home, and there are scent discrimination classes which some members have found to be very rewarding. There are food puzzles to which your dog can spend time foraging, rather than counter surfing. When feeding your dog, sometimes spread his kibble in an area rather than in his food bowl.

There are classes offered in our area for agility, rally, obedience, which provide enrichment to our dogs. I recently attended an Agility Show at the Sports Zone in Northumberland and saw some very excited dogs that certainly enjoyed the competition.

Of course, many of our dogs are Therapy Dogs. We provide training for dogs to become Therapy Dogs. First your dog should love doing this and you also. One way to see if your dog is cut out to do and enjoy his work is to join us on nursing home visits. We are there to walk you through the facilities. It can be a short visit so you are comfortable and dog is as well.

You should discover the natural canine needs in your dog's life and it's a way using enrichment that may help with his behavior and make him a happier dog and easier to live with.

Till next time,

Connie



Notes and Notices



As we begin a new year in 2023, I wish everyone blessings for good health, happiness, and especially enjoyment coming to classes which will give both you and your dog time to spend socializing which enriches all of us.

For everyone who has been a member in 2022 we will not have a membership fee in 2023. To continue with our club as a member you must sign up on a form giving us Name, Phone no., Dog Breed, Dog Name and Email address. We ask if you have new shot records that you provide us with it. One suggestions is as your dog gets its up-to-date rabies at your Vet that you copy it at that time.

We welcome new members: Kathy Bruno from Orangeville with Wendy, a mix and Tiffany a collie/lab. Allyson Heard from Selinsgrove with Ozzy a Goldendoodle and Ida Stauffer from Port Trevorton with Asha a Havanese. William & Melissa Bechtel, from Selinsgrove with Han, a Labrador Retriever.

We received a thank you from the Selinsgrove Center for our contribution to the Sundry Fund. We appreciate that they have allowed us to use the gym on Sundays so we can be inside for the winter months.

Everyone should be aware of weather conditions and please consult emails and our web site for cancellations. If at any time you have questions you can email Connie as she will be glad to assist you.

UPCOMING THERAPY VISITS AND CLUB ACTIVITIES

Jan. 4 (Wed)	Heritage Springs	10:00am
Jan. 5 (Thurs)	Geisinger Rehab, Health South	1:00pm
Jan. 9 (Mon)	5 Star	1:00pm
Jan. 10 (Tues)	Beck Elementary	4:00pm-4:45pm
Jan. 11 (Wed)	Riverwoods	10:00am
Jan. 12 (Thurs)	Mt. View Manor	1:30pm
Jan. 16 (Mon)	Columbia County Prison	1:00pm
Jan. 17 (Tues)	Allenwood Medium Prison, badged only	1:00pm
Jan. 18 (Wed)	Heritage Springs	10:00am
Jan. 19 (Thurs)	Mansion Nursing Home	10:30am
Jan. 25 (Wed)	Riverwoods	10:00am
Jan. 26 (Thurs)	Geisinger Rehab, Health South	1:00pm

January 2023

December 2022							January 2023							February 2023							
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	
				1	2	3	1	2	3	4	5	6	7					1	2	3	4
4	5	6	7	8	9	10	8	9	10	11	12	13	14	5	6	7	8	9	10	11	
11	12	13	14	15	16	17	15	16	17	18	19	20	21	12	13	14	15	16	17	18	
18	19	20	21	22	23	24	22	23	24	25	26	27	28	19	20	21	22	23	24	25	
25	26	27	28	29	30	31	29	30	31					26	27	28					

- US Holidays
- Susquehanna Trail Dog Training Club

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 New Year's Day	2	3	4 10:00 AM Heritage Springs Memory Care	5 1:00 PM Health South Geisinger	6	7
8 1:00 PM Advanced Training @ Selinsgrove Center GYM 2:00 PM Beginner Training (sign up required) at Selinsgrove Center GYM	9 1:00 PM 5 Star	10 4:00 PM Beck Elementary	11 10:00 AM Riverwoods	12 1:30 PM Mountain View Manor	13	14
15 1:00 PM Advanced Training @ Selinsgrove Center GYM 2:00 PM Beginner Training (sign up required) at Selinsgrove Center GYM	16 Martin Luther King Jr. Day 1:00 PM Columbia County Prison	17 1:00 PM Allenwood Prison Medium Visit - Badged only	18 10:00 AM Heritage Springs	19 10:30 AM Mansion Nursing Home	20	21
22 Lunar New Year 1:00 PM Advanced Training @ Selinsgrove Center GYM 2:00 PM Beginner Training (sign up required) at Selinsgrove Center GYM	23	24	25 10:00 AM Riverwoods	26 1:00 PM Health South Geisinger	27	28
29 1:00 PM Advanced Training @ Selinsgrove Center GYM 2:00 PM Beginner Training (sign up required) at Selinsgrove Center GYM	30	31	1	2 Groundhog Day 1:00 PM Health South Geisinger	3	4